



ATHLETICAMPS

ASPIRE HIGHER

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SERVICES AND PRICE LIST

AthletiCamps is a performance-based training center helping triathletes and cyclists of all levels improve and achieve maximal performance by offering a variety of services to help them aspire higher.

- ① *PROFESSIONAL BIKE FITTING*
- ② *PERFORMANCE TESTING*
- ③ *COACHING*
- ④ *EDUCATIONAL EVENTS*

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PROFESSIONAL BIKE FITTING

A proper bike fit is essential for injury prevention and maximized economy. An optimal position on the bike will allow for greater comfort and enjoyment while riding.

- Road bike fit - \$275
- Triathlon or TT bike fit - \$325
- New bike fit - \$250

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PERFORMANCE TESTING

Tracking your progress with state-of-the art technology, performance testing provides accurate physiological data to track and improve your fitness.

- Lactate testing - \$175
- VO2 testing - \$175
- Both tests one visit - \$295

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COACHING

Modern training involves more than just riding hard. Proven coaching programs with a track record rooted in success, experience and most importantly, passion is the smartest training you can do.

- Individual Triathlon - \$129 - \$349
- Individual Cycling - \$99-\$375
- Group - Varies. Pricing upon request.

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EDUCATIONAL EVENTS

Whether you are looking for a longer camp, a clinic focusing on a specific discipline or an educational class, AthletiCamps has a complete calendar of events to choose from.

Events are held throughout the year. To see what is coming up, check out the schedule and reserve your spot today at:

athleticamps.com